



DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES
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Ref. No. 489 /Dean/Dr.Rmlims/2022

Date- 23 /11/2022


Notice

Instructions to Phase-I MBBS Students (MBBS 2022 Batch)

1. Online foundation course is already in process from 15th Nov 2022.
2. Offline Classes for 2022 batches (Phase-I) will begin from 28th Nov 2022.
3. Students will report to the hostels on 26-27th November 2022 between 09:00AM to 02:00 PM.
4. Students must bring copy of Allotment letter/Admission letter/Hostel fee receipt/Photo I'D Proof.

Instructions before leaving hometown

1. Essential items to carry: Each student must bring along the following essential items before entering Dr.RMLIMS, Lucknow permises.
 - i) For personal protection:
3- ply facemask-minimum 100 Nos, Face shields-2
 - ii) Supplies for daily and frequent sanitization:
Hand sanitizer-100 ml (5 Nos)
Liquid soaps for personal use in washrooms – 2 bottles


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Dr. RMLIMS

Copy to:-

1. Director, Dr.RMLIMS.
2. Chairman, UG Committee, Dr.RMLIMS.
3. All HOD and U.G Co-ordinator, Dr.RMLIMS.
4. Controller of Examination, Dr.RMLIMS.
5. Chief Hostel Warden, Dr.RMLIMS.
6. Student Google & Whatsapp Group.
7. All Notice Board, Dr.RMLIMS.


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**IMPORTANT UPDATE REGARDING PRESCRIBED TEXTBOOKS AND GENERAL
INFORMATION FOR MBBS BATCH 2022-23**

Department of Anatomy

I. Books recommended for 1st year MBBS students

Text books:

- | | |
|---------------------------------|---|
| 1. Gross Anatomy
Thieme | Cunningham's manual of Practical Anatomy (Vol. I, II & III)/
1. Dissector (Vol. I, II & III)
2. Inderbir Singh's/ Vishram Singh's Textbook of Anatomy (Vol. I,
II & III) |
| 2. Histology
of | Inderbir Singh's Textbook of Human Histology/GP Pal Textbook |
| 3. Neuroanatomy
Neuroanatomy | 1. Histology
Inderbir Singh's/ Vishram Singh's Textbook of Human |
| 4. Embryology | 1. Illustrated Textbook of Neuroanatomy: G P Pal
Langman's Medical Embryology: TW Sadler |
| 5. Genetics | Medical Genetics: G P Pal |
| 6. General Anatomy | Vishram Singh, 3 rd Edition |

Reference books:

1. Clinical Anatomy by Regions: Richard Snell
2. Gray's Anatomy for students: 2nd South Asia edition
3. Last's Anatomy 12th : Sinnathamby
4. Grants Method of Anatomy, 11th Edition: Basmajian
5. Gray's Clinical Photographic Dissector of the Human Body by Loukas
6. Basic Histology Text & Atlas, 10th Edition: Junqueira
7. Atlas of Histology with functional correlation. International Edition 9th Edition: Di Fiore's
8. Developing Human Clinically oriented Anatomy: Moore, Persaud
9. Before we are born: Essentials of Embryology & Birth Defects. 6th Edition: Moore, Persaud
10. Clinical Neuroanatomy 6th Edition: Snell
11. Pocket Guide to Anatomy Anatomy on the Go: Anne M. Gilroy
12. Atlas of Anatomy, 3rd Edition: Anne M. Gilroy, Lawrence M. Ross

Practical Manuals and Log Book will be provided by the Department.

A. Anil
23/11/22

II. Dissection Instruments

Dissection kit should include:

1. Scalpel with Blade no. 11 and 23
2. Forceps (2): toothed , pointed & non-toothed (medium size)
3. Scissors (2): blunt & sharp (small)
4. Mounted needle
5. Brush
6. Inch tape

III. Stationery

Students should have the following stationery with them:

Registers: 9

Histology (H & E pencils)

Color pencils (Faber Castell)

IV. Instructions to Students:

1. Punctuality and discipline should be maintained by the students at all times.
2. Students should be dressed in formals (boys: collared shirt and dark colored trousers with formal shoes ; girls: suit – salwar with dupatta and shoes)
3. T-shirts, jeans, leggings, sleeve-less dresses, sport shoes are not allowed for both boys and girls.
4. Students are advised to tie their loose hair back.
5. Students are expected to wear a white long sleeved, knee length apron.
6. Students should have their own dissection kit and gloves.
7. Gloves should be thrown into the trash can after use and should not be reused.
8. Students should bring their gross anatomy and histology manuals daily to respective labs.
9. Each student must bring along the following essential items for personal protection:
 - 3- ply facemask, Face shields
 - Hand sanitizer



Department of Physiology

Books recommended for 1st year MBBS students

A. Text Book

1. Textbook of Medical Physiology / Arthur C. Guyton, John E. Hall.—13th edition

B. Text Book from MCI Competency Based Curriculum (Any One)

1. CC Chatterjee's Human Physiology, 13th Edition 2019.
2. Text Book of Physiology by Dr A K Jain 8th Edition 2019
3. Concise Textbook of Human Physiology Paperback: Fourth Edition 2019

Reference Book:

1. Ganong's Review of Medical Physiology, 26th Edition (LANGE Basic Science)

Practical Manual will be supplied by the Department.

Instructions for students:

1. Students must wear Aprons and should be well dressed.
2. They should bring Stethoscope, Pencil Torch, Knee Hammer, Measuring Tape and Lancet during Practical classes.
3. They should also bring Lab Manual on the regular basis.

Department of Biochemistry

Books recommended for 1st year MBBS students

Text book:

1. Text book of Medical biochemistry-**Dinesh Puri** 3rd ed
2. Text book of Biochemistry- **D M Vasudevan**

Reference books:

1. **Harper's** Illustrated Biochemistry 30th ed.
2. **Lippincott's** Illustrated Reviews (Biochemistry) 6th ed
3. Biochemistry by **Stryer** 7th ed
4. Principles of Biochemistry- **Lehninger** 7th ed.

DRESS CODE FOR STUDENTS

All students have to be in college uniform mandatorily for college functions/ college day etc as under:

BOYS: White shirt and grey trousers, college Tie, black formal shoes with Blazers in winter

GIRLS: Grey kurta with sleeves and white salver with white dupatta, black shoes or bellies, Blazers in winter

For routine days the dress code is as under:

For Boys

1. Winter Dress

- Trousers/Full sleeves shirts with Pullover/Blazer and college Neck Tie.
- Black/Brown Shoes with laces. No Sandals allowed.

2. Summer Dress

- Trousers with tucked in Full/ Half Sleeves Shirt.
- Black/Brown Shoes with laces. No Sandals are allowed.

For Girls

1. Winter Dress

- Salwaar Kameez/Trousers/Full sleeves collared shirts with Pullover/Blazer.
- Covered Shoes with or without laces (High heel is not allowed)

2. Summer Dress

- Salwaar Kameez/Saree/Trousers with Full/ Half Sleeves Collared Shirt.
- Covered Shoes with or without laces (High heel is not allowed)

Students should come to attend the college/ clinics in decent professional attire. Wearing of Chappals/Sport Shoes/ Cads/Jeans/T-Shirts is not allowed. It is mandatory to wear a clean, well ironed Apron while in the college. Boys should shave everyday (any religious binding is exempted) and maintain personal hygiene.

Note:- Rules are subject to change from time to time.