

CURRICULUM VITAE

NAME : **Dr. SHOBHIT SHAKYA**

DATE OF BIRTH : 22nd December

PERMANENT ADDRESS : H. No. 5C/113 Vrindavan Colony,
Raebareli Road, Lucknow - 226029, Uttar Pradesh

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LANGUAGES KNOWN : Proficient in English and Hindi

PRESENT DESIGNATION : Assistant Professor, Department of
Internal Medicine, Dr. RML Institute Of
Medical Sciences, Lucknow

PROFESSIONAL QUALIFICATION:

Qualification	College/ University	Year	%
MBBS	King George's Medical University, Lucknow	2009	63.22%
MD (Internal Medicine)	King George's Medical University, Lucknow	2013	60.3%

EDUCATIONAL QUALIFICATIONS:

Qualification	College/ University	Year	%
High School	CBSE Board	2001	75.8%
Intermediate	CBSE Board	2003	86.6%

MERITORIOUS SERVICES:

Organization/Institute	Designation	From	To
Department of Medicine,	Junior Resident	May, 2010	May, 2013

KGMU, Lucknow	I-III rd Year		
Department of Medicine, KGMU, Lucknow	Senior Resident	01 st July, 2013	31 st July, 2016
Department of Medical Gastroenterology, KGMU, Lucknow	Senior Resident	01 st August 2016	19 th June, 2017
Department of Internal Medicine, Dr. RML Institute Of Medical Sciences, Lucknow	Assistant Professor	20 th June 2017	Till Date

Rotatory Internship Completion:

- 01st April, 2009 to 31st March, 2010 (Dr. RML Hospital, Farrukhabad).

Permanent Registration Number: 58641 (UPMCI, Lucknow) dated 01.04.2010

Specialty Postings:

- I. Inpatient & Outpatient, emergency (Medicine) – Assessment, Management & follow up under supervision of Professor A. K. Vaish MD. FICP.
- II. Outpatient in Diabetes specialty clinic- Assessment, Management and follow up under supervision of Professor A. K. Vaish MD. FICP.
- III. Outpatient in Hypertension specialty clinic- Assessment, Management and follow up under supervision of Professor A. K. Vaish MD. FICP.
- IV. One month posting at ART-PLUS centre in K.G. Medical College, Lucknow.
- V. Additional incharge of infectious disease unit of dept of medicine , KGMU

ADDITIONAL INFORMATION:

- **MD THESIS** :*“Evaluation of Thrombolytic therapy in acute ischemic stroke in our population.”*

AWARDS:

- Surat Kumari Lal **Gold Medal, degree of MD (Medicine)** 2013 from King Georges' Medical University, Lucknow.
- Certificate of **Honour** during MBBS in following subjects:
 - Anatomy, General Surgery, Obstetrics & Gynaecology.

RESEARCH PUBLICATIONS:

- Vaish AK, Shakya S, Verma SK, Goel MM. Schwannoma in anterior mediastinum with massive pericardial effusion BMJ Case Reports Published online: 13 december 2012. Doi:10.1136/bcr-2012-007867.
- Vaish AK, Shakya S. Evaluation of thrombolytic therapy in acute ischemic stroke in our population. JAPI 2013;37:201-204
- Kumar S, Shakya S, Pandey AK, Gutch M, Razi SM, Gupta A, Jain N, Gupta KK. Acute Viral Encephalitis -Clinical Feature and Outcome-Experience from Tertiary centre of North India'. Ann Trop Med Public Health 2015; 8:262-6
- Shakya S, Bhattacharya A, Dwivedi M, et al. Thyrotoxic Periodic Paralysis Case report, MAMC Journal of Medical Sciences. 2016
- Manish G, Shobhit S, Sukriti K, et al. Amlodipine-induced reversible gum hypertrophy. Arch Pharm Pract 2016;7:103-5.
- Gutch M, Shakya S, Bhattacharjee A, Kumar S. Uncommon manifestation of Primary Hypothyroidism: Constrictive Pericarditis. International Journal of Medical Research and Pharmaceutical Sciences. March 2016; Vol 3 ISSN:2394-9414.

- Bhattacharjee A, Shakya S, Gutch M, Rao PK. Unusual Hormonal Overlap Syndrome: Van Wyk-Grumbach Syndrome. International Journal of Medical Research and Pharmaceutical Sciences. 9(2):54-57,2016.
- Gutch M, Sahani KK, Bhattacharjee A, Kumar S, Shakya S. Wolfram syndrome: A rare mimic of type 1 diabetes mellitus. CHRISMED J Health Res 2016;3:229-31.
- Mishra Charu, Gupta N, Shakya S. Effect of alternate breathing(Anuloma viloma pranayama) on blood pressure, pulse rate and body mass index(BMI) in hypertensive subjects.Intl J MHR,vol 5;may 2019:37-39.

CHAPTERS IN BOOKS/UPDATES:

- Shobhit Shakya. Treatment of internal hernias. Journal of the anatomical society.2004:vol 35(1),59-63.
- Singh A, Shakya S, et al. Recent advancement in management of heart failure. Medicine Update UPAPICON 2013;10:60-65
- Shakya S, Mittal M, et al. Hyponatremia: Clinical approach and recent advances(chapter 17). Clinical cases in Endocrinology.

PAPERS/POSTERS PRESENTED:

- Evaluation of thrombolytic therapy in acute ischemic stroke in our population.-Presented at **APICON 2013 at Coimbatore, Tamilnadu.**
- Acute Viral Encephalitis -Clinical Feature and Outcome-Experience from Tertiary centre of North India.- Presented at **APICON 2016 at Hyderabad, Telangana.**

- The study of blood pressure variability and effect of antihypertensive treatment on outcome in intracerebral hemorrhage. – **ISH 2016.**
- The study of blood pressure variability and effect of antihypertensive treatment on outcome in intracerebral hemorrhage- Presented at **APICON 2017 at Mumbai.**
- Prevalence, clinical profile and glycaemic variability of celiac disease in patients with type 1 diabetes mellitus in Uttar Pradesh, india- **Presented at APICON 2017 at Mumbai.**
- Vitamin D deficiency in patients with tuberculosis and its correlation with glycaemic status- Presented at RSSDI 2018 at Ahmedabad
- Ultrasonographic assessment of subclinical atherosclerosis in smokers aged less than forty years.- Presented at APICON 2019 at Kochi.
- Study of association of metabolic syndrome and risk factors of nephrolithiasis - **Presented at APICON 2019 at Kochi.**

Invited Lectures:

- **Malaricon – Scientific Conference on Malaria on 22nd April 2017 on topic of “guidelines based approach to management of malaria (including complicated malaria & recent advances) at VABMH, Lucknow.**

Chairperson/ penal discussion:

- **Chairperson for session on “SGLT2 inhibitors evidence and practice” in PATHSS 2019, Lucknow.**

WORKSHOP/TRAINING PROGRAMME:

- Certificate Course in Evidence Based Diabetes Management. Cycle IV.2016 Delivered by PHFI and recognized by IDF.
- BASIC ECHOCARDIOGRAPHY - GE Healthcare Institute, 2016
- Advanced cardiovascular life support (ACLS) and Basic Life Support (BLS) by AHA, 2015
- Workshop on Evidence Based Medicine, October, 2015, KGMU.
- Post graduate program in Cardiology by John Hopkins University School of Medicine.
- ECG learning workshop during ISECON 2014.
- Orientation Workshop on HIV disease by NACO regional training institute at KGMU. 2013
- Hypertension - management options including emergencies- RCP,2015
- The Advanced Course on Diabetes Management, ABIDE, 2013

MEMBERSHIP:

- Life Member of Association of Physicians of India (API).
- Life member-UP Chapter of API.
- Academic life member-Research society for the study of Diabetes in India (RSSDI).
- Life member- Indian National Association for study of Liver (INASL).

(Dr. Shobhit Shakya)